



# Certificate

This certificate was awarded to

**Sam Whittaker**

From

**Dust Til Dawn Cleaning Solutions**

Following attendance of the Training Course entitled  
**Jangro Manual Handling eLearning Course**

**On 12 May 2020**

The Course covered the following subject areas:

**Advice for Workers and Employers  
Regulations for Risk Assessment Standards  
The Physiology of Manual Handling  
Manual Handling Technique  
Steps for Lifting LITE  
Best Practices for Lifting Operations**

